Dr. Anu Sachdev's professional experience spans over 48 years in the field of early childhood as a teacher, center director, faculty, program director of teacher training program at community college, consultant, and a researcher. Her work experience has been in a variety of early childhood settings including head start, lab schools, parent cooperatives and community childcare programs. She has worked as an adjunct faculty in the department of early childhood and elementary education since 2018 at East Stroudsburg University, Pennsylvania. Dr. Sachdev earned her Ph.D. in Comparative and International Education from Lehigh University. She has master's in human development, Globalization and Educational Change from Lehigh University and a master's in history from Delhi University, India. Anu also has specialization in teaching English as a Second Language and Montessori Education.

Anu is an enthusiastic advocate for children and families and likes to engage in community organizations and events to promote the cause. She is the president of the Lehigh and Northampton chapter of PennAEYC. She is the current president of National ACCESS, an organization of Early Childhood faculty at the teacher training programs in community colleges. She serves as a board member of the Arts Academy Charter Middle School in Pennsylvania. She loves to read, listen to music and travel in her leisure time.